



Resource Spotlight

A resource brief to support virtual professional learning for division partner staff and families

Supporting Student Involvement in IEPs

This Spotlight features resources, virtual professional learning opportunities, and family supports to increase effective student involvement in their own individual education program (IEP).

RESOURCES:

- ❖ [Student Rubric for IEP Involvement](#)
VDOE I'm Determined Project tool for students to assess and increase their understanding of and participation in their individualized education program
- ❖ [Transition and Self-Determination Curriculum Resources](#)
Zarrow Institute on Transition and Self-Determination instructional resources for teaching students with disabilities self-awareness, self-advocacy and other self-determination skills
- ❖ [Transition Planning Practice Guides for Students with EBD](#)
Translating Evidence to Support Transitions (TEST) evidence-based practice guide for transition planning with high school students with emotional behavioral disturbance (EBD)
- ❖ [Helping Students Advocate for Their Own Assistive Technology Needs](#)
VDOE AT Network compilation of resources and professional learning opportunities to support students in advocating for their own assistive technology needs
- ❖ [Planning Your Future: A Guide to Transition](#)
National Center for Learning Disabilities (NCLD) guide for students to increase self-advocacy during transition planning

VIRTUAL PROFESSIONAL LEARNING OPPORTUNITIES:

- ❖ [Student Involvement in the IEP](#)
VDOE I'm Determined series of modules providing instructions on how to use tools, such as the One-Pager, Good Day, or Goal Plan or to increase student involvement in their IEP
- ❖ [Competence, Autonomy, and Relatedness \(CAR\)](#)
VDOE I'm Determined video series with definitions and examples provided by students of self-determination concepts, such as competence, autonomy, and relatedness
- ❖ [VA DCDT Annual Transition Conference: Raising the Standards \(3/11-12, 2024\)](#)
The Virginia Division on Career Development and Transition annual conference features sessions on raising the standards for transition to post-secondary opportunities in Virginia.
- ❖ [Region 4 Transition Community of Practice](#)
VDOE TTAC at George Mason University (GMU) Transition Community of Practice to support self-determination instructional practices and student skill development

FAMILY SUPPORTS:

- ❖ [Self-Determination Assessment](#)
American Institutes for Research (AIR) scale for parents to assess their child's level of self-determination, including a profile of strengths and areas for growth
- ❖ [You Got This: Taking a Leadership Role in Your IEP Meeting](#)
UMass Chan Medical School tip sheet in English and Spanish describing how students ages 3-21 can take a leadership role in their IEP

Visit [TTAC Online](#), [GMU TTAC](#), [VA Family Special Education Connection](#), [Assistive Technology Network](#)

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